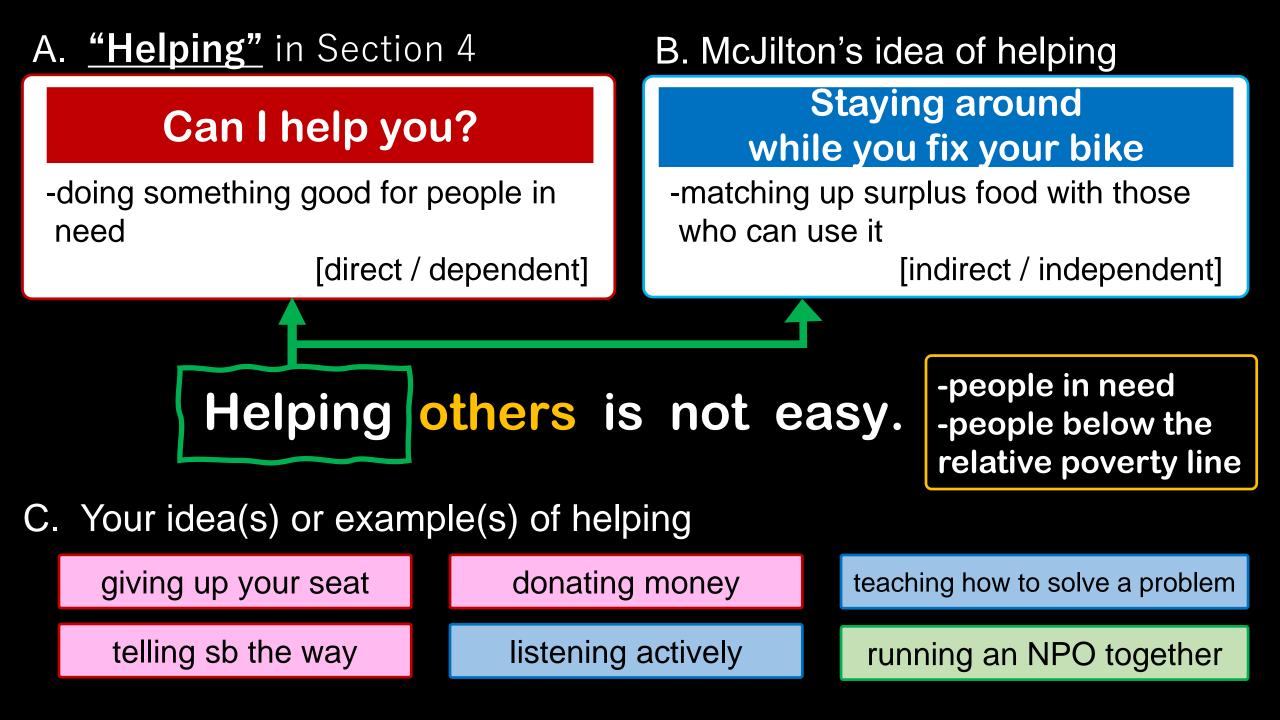
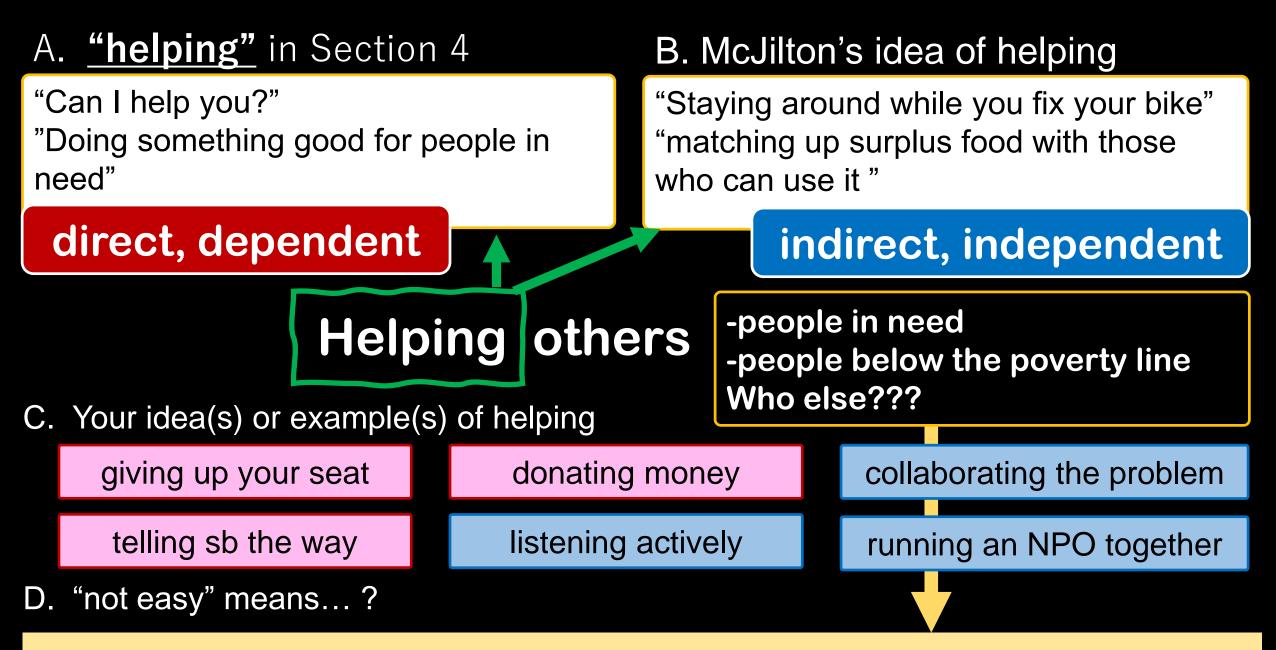
## Helping others is not easy.





Cannot do anything? What you do is important? How you help is important? Or...?